



WEEK FIVE

## The Better I am, the More God Will Love Me

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The lies we believe are so subtle, but yet they have the overwhelming ability to keep us from the life God wants for us. Discover how to live in the Truth that will set you free.

### MESSAGE NOTES

Jeremiah 1:5-8

1. God has already pressed the red button
2. Kick fear out or it will keep you out
3. Christ is enough, always

### PERSONAL STUDY QUESTIONS

1. **Have you ever made a radical about-face regarding an opinion or mindset that you had held for a long time?** What brought about the switch in thinking?

2. **Why is the mind sometimes called a "battlefield?"**

What is usually at stake in the field of battle?

3. **Take a look at Proverbs 23:7. What does this verse mean to you?**

How have you seen the truth of this verse played out in your life or someone you know?

4. **One of Pastor Jeanette's takeaways is that God has already pressed the red button when it comes to you. (Picture the judges' chairs on the reality show The Voice). Consider that God "pressed it" before you even walked on stage. How does knowing this affect how you feel about yourself? About God?**

**5. Read 2 Corinthians 10:4-5. What does this verse say about us?**

What kind of power have we been given? For what purpose?

What do you think it means to take your thoughts captive so that your very thoughts obey Christ?

**6. The root word in the Greek for “stronghold” is echo, and it means to, “to hold fast.” Bible teacher Beth Moore describes a stronghold as “anything... that we hold on to that ends up holding us.” Faulty thought patterns get stronger as they continually “echo” time and time again in our minds. What do these verses say is the key to dismantling strongholds that are counter to Christ?**

- John 8:31-32
- Mark 4:24
- Luke 4:14-21

**7. Why is being unable or unwilling to forgive yourself such a debilitating problem?** Compare that stronghold with what these verses declare: Hebrews 9:14, 1 John 1:9 and Psalms 103:12.

**8. Why is the lie that “the better I am the more God will love me” so useful to our Enemy, the devil? What is the devil’s nature? (See John 8:44).**

Why do you think Satan would have us think we must earn God’s love by being better people?

**Personal Meditation:** One of the best ways we can renew our minds is to think on the things that are listed in Philippians 4:8: “Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” Meditating on God’s Word (reading it, pondering it and practicing it) is a great place to find things like this to think about. This week, read a psalm several times a day to freshen your mind with the thoughts of God. Aim for 7 to 8 psalms a day.

**Memorize 2 Corinthians 5:17** — “Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.”